

VOL 30.0 | NOVEMBER EDITION

Initiative of WE Foundation

WOMENSHINE

RUMA DEVI



FOR THE ARTISANS BY
THE ARTISANS

BEAUTY

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ENTERTAINMENT NEWS



CHIEF EDITOR'S LETTER

#SHINEON

APARNA MISHRA

Founder , Women Shine

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*Let's reach for the sky
Let's win over the world
Let's change the story*

So we have actually changed the story. Month by month we have grown in leaps and bounds and are now geared to grow up in many folds.

We will be completing 3 years of Women Shine very soon...many congratulations to everyone, our readers, our associates, and our team members who believed in Women Shine every time.

We are ready with the **NOVEMBER edition**. It Our Cover story of **RUMA DEVI** is very inspiring and I am sure you will be motivated and overwhelmed when you read about her struggles, her journey, and her achievements

Don't miss reading the #150words short stories and keep visiting the section **WOMENSHINESHOP** Keep sharing your thoughts, and suggestions at womenshinemag@gmail.com

Wishing you lots of love, light, and the best of happiness.

Aparna Mishra

Founder-Editor, Women Shine

#Shineonwomen

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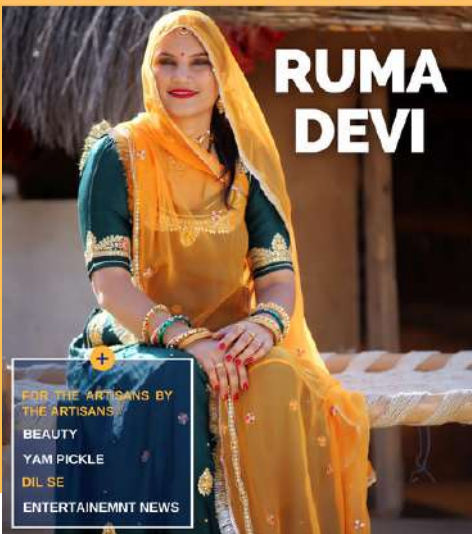
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VOL 30.0 | NOVEMBER EDITION Initiative of WE Foundation

WOMENSHINE



Magazine designed by : TEX Technology Exchange
E-mail : connect@womenshine.in
Website : www.womenshine.in

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For the Artisans By the Artisans

Ruma Devi's journey of evolving as a globally acknowledged brand starts with her own vigilance and determination. From what started as a close-knit group of women artisans contributing INR 100 to buy raw materials like cloth, threads and plastic wrappers for creating cushions and bags, Ruma Devi's spirit pivoted into "Ruma - The Craft of India", a successful growing online business, with a greater cause fuelling the force of women across Indian tribal groups.

Today, she is more than just a name or an artist. It is understood as an artisan-made platform which bridges the gap between rural India to Urban India. The brand has one vision statement - "For the artisans. By the artisans."



WHAT DO YOU ENJOY MOST ABOUT ENTREPRENEURSHIP AND WOMEN EMPOWERMENT?

My entrepreneurial journey began with going door-to-door in the desert with bundles of raw materials with only needles and thread to persuade conservative rural families to allow their women to work. I travelled from village to village to mobilize women to work and from city to city to find markets with them, but this was not the scenario when I started working, at the time there were thousands of women were facing the same hurdles and difficulties that I had when I started working in the area of Barmer. Now I can help them because they don't have to go through an uphill battle or overcome difficulties alone. As a result, I am happy to see that these rural women who have never crossed the boundaries of their homes in their entire lives are today going to sell their products in exhibitions across the country and become independent.

They are free now, and their language may still be weak, but they are strong people without an inferiority complex. It makes me proud of how empowered our women of Barmer have become over time

WHAT ARE YOUR STRENGTHS AND YOUR WEAKNESSES?

My strength is that I will do whatever it takes to complete the task. I love to stay concentrated, therefore I will put my mind to it and assemble my team. My time commitment to my profession makes it challenging to maintain a healthy work-life balance

WHAT DOES YOUR TYPICAL WORKDAY LOOK LIKE?

I'm constantly on my toes on an average workday. I frequently have a full calendar of activities, and events in India and abroad to attend along with exhibits to participate in. When I don't have these visits, I get up early to assist my in-laws with farming and cooking. At 9.30 a.m, I arrive at the office and do the meeting with my team to create new designs, plan the production, and create new plans and approaches for training more artisans. I return home after 9.30 p.m. after a long day of gruelling work.



WHAT DO YOU FIND THE HARDEST ABOUT WORKING IN THE FASHION INDUSTRY?

I believe that everybody can learn about fashion, craft, and industry but the fashion industry people think, If any person doesn't understand the language of the fashion industry and has the experience then it's challenging for them. Because their background and education are different from fashion that doesn't mean they don't know how to work. With this kind of behaviour, people won't feel like they belong here and will constantly fall behind. I have experienced the say way, I have also experienced the same thing but I did not accept every possession.

Although the fashion industry evolves swiftly, we have made significant advances with our handcrafted apparel and home goods because I don't want our women to feel this way.

WHAT'S NON-NEGOTIABLE FOR YOU IN YOUR WORKPLACE?

Artisans are not workers and they are not permanent slaves. They are professionals; Our craftsmen are also our designers. Respect for artisans is an absolute necessity. Fair remuneration for craftsmen is another issue, They should be paid fairly anyway, and we won't stick with customers who want cheap stuff because there's no intermediary.

HOW DID YOU HANDLE THE FAST GROWTH AND SCALING OF GVCS?

We were amazed by the rapid expansion and scalability of GVCS and the impact we were making. Every day, we made incremental progress by developing the team, creating plans, and emphasizing both the production and training of artisans. Today's GVCS is the result of our continuous work. Additionally, there have never been any communication issues with our team or our craftsmen. I believe that the same rapid development would not have been possible if we were a separate state-based organization working with the artisans of Barmer.

HOW WOULD YOU DESCRIBE YOUR STYLE OF FASHION?

What you stand for, in my opinion, reflects in your style of fashion. I stand up for the rural ladies from my hometown as well as the values that my upbringing has given me. Whether I'm at work or travelling overseas, I always wear my Marwari Angiya Kurti or Rajasthani Poshakh. My sense of style reflects my comfort in my ethnic heritage.



Interview by : Aditi Gupta

Brand Tales

Brand Storytelling
with Women Shine

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कहानियां, कवितायें, कुछ
अच्छे पल, यादें ...
आमंत्रित हैं



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Neeti Goel

Power to Create, Nurture and Transform

Women entrepreneur/ philanthropist - Neeti Goel launches project Nari Nitti- which brings a revolutionary change in the lives of rural women

Neeti Goel has touched the lives of many. During the pandemic, she co-founded an initiative called Khaanachiye- where they started by serving free meals to needy, and homeless people. It started with 1200 meals and today it has reached 80 Lac plus meals and 60 thousand ration kits were distributed to the homeless, they adopted 32 orphanages, and 800 sex workers, and donated 50 thousand sanitary napkins. When cyclone Nisarg hit human lives in Raigadh LB Trust helped people to rebuild their homes and 1000 homes were rebuilt which were destroyed in the cyclone. She also co-founded the 'Ghar Bhejo' campaign with actor Sonu Sood, where they helped 1.5 lacs, migrants reach home. Migrant camps were set up in Thane, Dahisar, and Vashi to provide migrants walking home with food, fruits, biscuits, water, Ors, and slippers to ease their journey and 5 lac migrants were served through these transit camps. Later they gave ration kits in Varanasi to thousands - Many communities like potters, boatmen, and weavers got served with food and ration kits during the lockdown and during this, they came across a Naxalite village near Mirzapur where girl child was not allowed to attend school as it completely forested area. They were provided with 250 bicycles so they can attend school and educate themselves. She also met rural women who were victims of domestic violence and torture in remote rural villages of Uttar Pradesh. Neeti Goel helped those women and got them trained in self-defense and basic reading and writing creating an army of 25 women in one village so they can stand with each other and protect themselves. Soon the army spread to other villages and grew to thousands. She also created employment for those women by setting up sewing centers for them, giving them carts to sell vegetables, and making Diya, papad, and various other jobs. After working for 1800 women in Uttar Pradesh Neeti Goel decided to expand to Gujarat and Madhya Pradesh and Maharashtra. There they started a project called 'Nari Nitti' and now are looking to expand it not only to a few states but to the entire nation... This is only possible when people come forward and be a part of this movement Nari Nitti and join the mission of Atmanirbhar Bharat !!!

Entrepreneur Neeti Goel says "a woman is a full circle. Within her is the power to Create, nurture and transform."

"Women don't need to be empowered, they are already empowered. They have the inbuilt potential to do everything. They just need to be nurtured to create an opportunity which they lack most of the time because in our country we have the taboo where women specially in rural areas are taught from childhood that they are good for only managing homes !!! but what about those women whose husbands are alcoholics n don't support their families and their children also suffer as they don't get an opportunity to study . Nari Nitti ' was specially incorporated to create opportunities for Women. Now we are

focusing on touching 1 lacs women's lives and if we change 1 woman it helps her entire household. One life can transform 5 lives as a lady is the epicenter of her home. She further added "In MP there is a lady who has 5 children, the husband was alcoholic and used to beat her and they were facing innumerable trouble hunger, no school and she used to drive a cycle rickshaw to fend for her and her 5 children. One day her rickshaw broke, when she was in extreme depression, someone reached out to us for help so we decided to give her E-Rickshaw. As the cost of 6 lives is much more than an e rickshaw and now they can live a life of dignity . This is a story of hope, never losing courage or giving up on life. We should never lose hope and fight against all odds as we don't know what god has in store for us at the next step. Under Nari Nitti we have started a new project for women who are below the poverty line in rural areas where there are no job opportunities or industrialization. By donating cows to those needy women, and widows who don't have any other medium to earn bread and they can at least have 2 meals a day by selling cow's Milk, cow dung, and ghee...We will be donating 500 cows in the first phase of the project after much scrutiny and a rigorous process of selection so that the right recipients get the benefit of this project. This revolutionary movement and projects, have been possible only because of support of one man Pranay Goel who is the husband of Neeti Goel, and his family trust LB trust has been funding various projects . Neeti Goel, who hails from Chandigarh and who is the daughter of well-known industrialist Late SK Gupta, is a successful restaurateur based in Mumbai. She runs 'Keiba', 'Osstaad', 'Madras Diaries' and 'Madras Express' in Mumbai, and the brand 'Amore Stays' has premium staycations in Alibaugh. She has been awarded the 'Restaurateur of The Year in 2019 at the Eiffel Tower in Paris and one of her restaurants was ranked 2nd among the Top 50 restaurants in the world. In 2022 she was honored as one of the top 50 influential Indians at the London bridge in London. Neeti was recently felicitated at zee Hindustan - Udaan dare to dream by honorable cabinet minister Shri Ashwini Vaishnaw Ji for her stellar work for women empowerment/child development - project Nari Nitti Each time a woman stands up for herself, without knowing it possibly without claiming it, she stands up for all women!

—Beauty—

TV actors share their make up secrets

In the entertainment industry, we often see actors getting into the characters' skin through costumes, jewellery, mannerisms, prosthetics, dialogues, and much more. But another aspect that plays a significant role—is makeup, which does magical makeovers to get into the character. Perfect makeup looks and makeup artists play an important role and have been integral to every artist's life. &TV artists talk about their secret makeup tips, which help them to get into their character daily.

These include Neha Joshi (Yashoda, Doosri Maa), Kamna Pathak (Rajesh, Happu Ki Ultan Paltan), and Vidisha Srivastava (Anita Bhabi, Bhabiji Ghar Par Hai). Neha Joshi essaying Yashoda in &TV show Doosri Maa, shares, "I am not a big fan of makeup, and so is Yashoda of Doosri Maa. My character's look is very simple, and that is something I love about it. Even though we have a great team of makeup artists and stylists to make us look perfect on-screen, I prefer to do my makeup a lot of the time to save time during hectic shooting schedules. I believe that doing your makeup enhances the overall characters' look and feel on screen. Usually, my makeup comprises Kajal, lip balm, nude lipstick, and a light water-based foundation to get into Yashoda's character's look.





The most important part of my makeover is highlighting my brows and applying more mascara, which improves Yashoda's overall appearance because I believe that for any artist, eyes speak louder than words. Despite being part of this glamour industry where your appearance matters a lot, I only use heavy makeup for special occasions or when attending award shows."

Kamna Pathak, essaying Rajesh in &TV show Happu Ki Ultan Paltan, shares, "With my acting experience, I can say that the right makeup is the foundation of a character's entire appearance. It gives a personality to every character.

I frequently disguise myself as several characters in my show, Happu Ki Ultan Paltan, and every time makeup plays an important role. It completes the look and adds a fun element to the character's persona. If I talk about my contribution to makeup, Vicky, my makeup artist, is the soul of Rajesh's look. He's been doing my makeup for four years, and every time he surprises me with his efforts. While he does my makeup, I observe and learn a lot of tricks from him. Mixing argan oil into my base foundation gives you a glowy effect and stands out in front of the camera. Also, applying the foundation with his fingertips results in the best and most natural-looking finish on my skin. These are the tricks I also use in my personal life." Vidisha Srivastava, essaying Anita Bhabi in &TV show Bhabiji Ghar Par Hai, says, "My character, Anita, is well-known for her glamorous appearance. But few people know that I do my makeup which takes 20 minutes to get into the look. Applying makeup enhances my features and adds the oomph factor. Using makeup and doing my hair is almost therapeutic for me. I have always enjoyed it, even in childhood, especially during festivities, dance performances and dramas. I have not learned the art of doing makeup professionally but being a classical dancer made me familiar with the intricacies of makeup. For Anita's look, I avoid heavy foundations, which become caky after some time, keep my eyebrows thick, and try not to overdo my makeup and let my dress do all the talking. I feel comfortable that way."

TEAM WS



#shiningwomen

Mumbai Art Fair

Boman Irani inaugurates Mumbai Art Fair, and leaves artists overwhelmed with his sincerity, simplicity, and support

Boman Irani, a celebrated actor, photographer, and vocalist inaugurated the Mumbai Art Fair made a grand comeback after two years of the pandemic, bailing to bring back affordable art to the masses and to generate commercial income for artists.

Over 650 artists exhibited over 3500 diverse works at the Nehru Centre. Mumbai Art Fair is designed especially for independent artists who look for affordable options to exhibit their artworks in the metro cities and reach the wider arts audience and potential art buyers.

More than 3500 paintings in various mediums such as oils, acrylics, watercolour, pastels, and charcoal with sculptures in stone, metal, and photographs by over 650 artists, 350 of whom were present, few of them young, upcoming, mid-career as well as established are selected for presentation in this edition of Mumbai Art Fair. The diverse mix of landscapes, abstracts,

figurative art, spiritual paintings, semi-nudes, rural and pastoral scenes, cityscapes, and paintings on varied subjects in myriad styles and numerous soft, bright and rustic hues are displayed at MAF, at the ground floor, the discovery of India building, Nehru Centre from 28 to 30 Oct 2022.

Mumbai Art Fair (MAF) is bringing a wide variety of 'art choices on a very economical budget not only for seasoned buyers but for budding art lovers.



The art scene is changing slowly in India and art is no longer reserved just for high-end corporate and art collectors but today's new millennials too started visiting art exhibitions to look for artworks to create inspiring and soothing ambiance around their living spaces.



This year MAF attracted diverse participation by many new faces among the regular participants working in different styles broaching a plethora of subjects. This year, regular names in the art fair circuit like Sayed Zuber Baker, Nishi Sharma, Anjali Prabhakar, Antra Shrivastava, Niyati Amlani, Neha Thackeray, Vineet Kaur, Beena Surana, Jalpa Patel, Vishal Sabley, R Solomon, S Vinitkumar, Sriparna Sinha, Soumen Kar, Om Tadkar, Naishita Reddy, Alpa Mistry, Rajitha, Manoj Swain, Rahat Kazmi, Prakash Bal Joshi, Prithvi Soni, and others are set to mesmerized viewers by their varied creative output, rich in aesthetic content.

The works of Janhvi Bhide, Moshe Dayan, Praveen Naresh, Sachita Aditi, Yashvi Goyal, Dileep Kosode, Gursimaran Kaur, Ishita Malpani, Jenaifer Daruwalla, Kailas Kale, Mona Jain, Nakesha Bhosle, Neha Ruia are the kind of simplifications of reality in which artists have eliminated the details from recognizable objects leaving only the essence or some degree of recognizable form, representing things that aren't visual, such as emotion, sound, or spiritual experience. The artworks of Neha Thackeray, Pooja Ray, Rachana Miglani, Rahat Kazmi, Rajat Kumar, Rishail, Sateesh Dingankar, Shehbaaz Khan, Shruti Solanki, Suryakant Rajapkar and Vinitkumar lingers on the border of abstraction and semi-abstraction.

Lord Ganesha, the symbol of strength and power is portrayed by Chandrika Paurana, Madhuri Devlikar, Manoj Swain, Shivani Banerjee, and Sona Kapur, in their distinct style whereas artists Banani Kundu, Bhoomika Detroja, Hansa Bhatt, Jeenu Madan, Kinjal Gehlot, Prachi Selot Samota, Shubhangi Mehta, Sreenath Thampi, Suvarna Chawande, Vidya Shivramkrishnan, and Yogita Kogle highlights creative life force through the depiction of their favourite divinities and faiths in the lines, colours, and forms. Artists Naishita Reddy, Dollar Mandal, Gaurav Dagar, Ramesh Kumar, Santosh Lanjekar, and Suraj Shukla are presenting realistic figurations with vibrant inventiveness through their works displayed at Mumbai Art Fair. Akansha Punjabi, Jagadish Ray, Lata Malani, Shruti Srivastava, Darshan Mahajan, Archana Sharma, Neha Agrawal, Niyati Amlani, Pratibha Goel, Seema Oza, Shalini Gupta, Sonal Salekar, Sushma Oza, Vineet Kaur exhibiting at MAF have dealt with distinct colour to illustrate their visual ideas in 'figurative' genre, sometimes in simple forms but making complex reading, creating strong narrative content. The paintings of artists Anindita Biswas Roy, Basudeb Pradhan, Jayashree Gole, Rahul Naskar, Rakesh Sonkusare, Sriparna Sinha, and Mousumi Sircar will make the viewer feel that they are right in the middle of their painting;



such is the mesmerizing treatment given by these talented artists to their nature-scapes that viewer feels as though they can breathe the very air of the painting and reach out and touch the landscape as if it is real. The slightly different variants of abstract landscapes, cityscapes, architectural grandiose, and flower-scape paintings by Atul Bhalerao, Chetan Bhosle, Padmini Bhatia, Rinni Patel, Sandeep Parkhie, Vittal Moppidy, Vyoma Parikh, K B Shikhare, R Soloman, Radhika Bawa, Ravi Waybhat, Deepal Bhat, Hena Prasun, Shirish Ambekar, Anupama Thakur, Anuradha Bhalla, Ashdeep Babra, Diptina Kothari, Nidhi Sharma, Poonam Khanvilkar, Raksha Jesrani, Rohini Lokhande, Jasjit Sidhu and Neena Mehrook are the added attraction in the Mumbai Art Fair for the viewers.

The inspiring force behind the works by B Meghmala, Deepak Mukherjee, Monalisa Parikh, Namrita Nagra, Paridhi Jain, Sayali

Nagarkar, Sudha Ramkrishnan, Vikram Bhatti, Vinayak Nigam, and Vishal Sabley is their belief and faith that prompted them to create an impressive and wondrous work of art which generates mystical aura and spiritual vibrations around them. The amount of detailing in sculptures Devel Sharma, Pankaj Gadakh, Soumen Kar, and Sujit Kumar Mukhopadhyay is simply phenomenal and these sculptures are surely going to be an extra attraction in the art fair. The Baroque animal painting tradition originated around the seventeenth century in the western art world have found many followers across the world who portray animals, sometimes using landscape as the background. Artists Alpana Dangi, Anna Kurian, Dipti Kumar, Rushan Shah, and Shankar Rajput seem to be mesmerized by the beauty and power of different animals such as horses, bulls, elephants, and stags. The other artists who got fascinated by wildlife are Haripriya Kulkarni, Jalpa Patel, Poonam Juvele, Praveena Parepalli, and Saket Arbhi; their artworks are the visual treat for wild-life lovers visiting the art fair. Viewers can select beautiful paintings from a charming variety of flying bird paintings executed dexterously by Anrita Basu, Bhaduri Shah Baria, Sanjivaneer Bhoir, and Shankar Pamarthy. Richness and depth can be achieved in the subtle manipulation of light and shadow without colour. A world without colour is nonetheless rich in texture as the artist Akshata Shetty, Beena Surana, Chaitali Bareja Sharma, Ena Tondon, Insiya Patrawala, Kanishkar Mehra, Khurram Amir, Krish Nandi, Krupali Gondhalekar, Madhavi Bhaskar, Nikhil Usare, Raj Kumar, Rupali Mhatre and Vijay Kumawat explore a variety of themes and styles in a monochromatic pallet. The common thread that binds the works of Christina Ravi, Deepa Siddharth, Doyel Sinha, Kirthi Shetty, Kumaraswami B, Manju Das, Alpa Mistry, Namrata Bagwe, Priyanka Singh, Samridhi Sharma, Swarnajeet Kaur, and Tara Isa is their female protagonists presented in various context and situations. The use of geometric forms to create rhythmic patterns and fluid forms in the works of Annarapu Narendra, Jyoti Sharma, Mohit Jangid, Nirja Shah, Prachi Gala, Princy Jain, Uchit Turakhia, and Vaishali Chanda is an experiment in illusion art that tricks the eye and mind to perceive images different than what they are on the pictorial surface. The assemblage by Rohan Kunthale, Serigraph by Trishna Bhati and woodcuts by three generations of artists in the Dubey family, black & white photograph by Sangram Naik, and surreal compositions by Aditi Khandelwal, Kaushal Parikh, Kunwar S S Punwar, Madhu Kuruva, Naveena Ganjoo, and Subarna Bagchi compels the viewer to take a second look at them. Female nudes when done by female artists acquire a different dimension; this is demonstrated in the works of Meenakshi Shukla and Payal Moni.



Portraits displayed in the Mumbai Art Fair by Nilima Dani and Vineet Kaur and stylized works by B Narahari, Kashiram Pinjare, and Saurabh Dhingare are the specimen of matured handling of the subject with witty use of colour composition. The plethora of artworks by artists Anita Mukherjee, Atma Shyam, Bharati Hingane, Devvrat Singh Sengar, Divya Menon, Ramashankar Mishra, Shankar Sharma, Kanan Khant, Karishma Surve, Manjusha Kanade, Meena Raghavan, Navin Agarwal, Nikita Dani, Pinal Panchal, Rubina Hasan, Shalaka Patil, Shruti Kasana, Soni Singh, Sreenivasa Ram, and Supriya Kaluskar are the form of traditional art or at least inspired by our traditional arts like Pichwai, Warli Art, Gond Art, Mughal style, and miniature art styles. Artists exhibiting in the Mumbai Art Fair Hiya Juthani, Nayana Patel, Nilesh Upadhyay, Pavani Nagpal, Praveen Kaveri, Purvi Lohana, Rhea Narkar, Seema Oza, and Shivani Patidar approach reality through the use of seemingly abstract looking colour patches and shades to create something as comprehensible as if it is real but still has a dreamy quality to it akin to pseudo-realism. The enchantingly luminous water colour pieces by Gitanjali Shah, Mukta Kadam, Niyati Amlani, and Shyam Karri combine the reflection of the white paper along with its texture exploiting the translucent tenderness of watercolour; the effect is wistful! Though Mukta Kadam does not fall into the temptation of using water colour's qualities to boost its visual appeal but takes her artworks much beyond merely what is overtly visible; they need multiple readings to dig deeper in her visual connotations. Artists Anjali Prabhakar, Antra Shrivastava, Bandana Kumari, Bhamini Sarda, Rajitha, Eshmeet Thapar, Jyoti Singh, Medha Nerurkar, Neerja Kujur, Preeti Shaw, Priya Kataria, Purnima Walunj, Riya Nahata, Sayed Bakar and Vinod Venkapalli visually communicate and symbolize fundamental truths of their subjects through the symbolic compositions. Mumbai art fair is a sort of dawn for independent artists; it forms a hub, a burgeoning estuary for the creative alignments of every kind; do come and be part of it in some way or the other. After the long pandemic, art fair works as a crucible of hyperactivity and generates enough energy to make a difference in the current art market.

CELEBS ON BIG BOSS



Bigg Boss 16 fever has gripped the nation: Celebs on whether they would take up the show if offered

Bigg Boss season 16 is on air and has already grabbed attention. Fans of the show are looking forward to seeing who gets to take the trophy home and are already vying for their favourite contestant to win. We ask celebs if they would take up Bigg Boss if the Salman Khan-hosted reality show is offered to them. Here's what they said:

Arun Mandola

I did not like Bigg Boss till I saw season 13 because I don't like fights and chik chik all the time. But in the last two seasons that I have seen, I felt that this show is full of stress and anxiety but slowly I understood this show mirrors the real world. This type of show will change your life, you will get the power to judge people easily and learn how to handle people. It's like a school. The show makes you a star overnight and helps you learn lots of things. But at the same time, they are very risky to do because you don't know what will happen to you. There are chances you will become what you are in reality. If you don't have patience then this type of show is not for you, but yes now I am ready for the show. If I get the opportunity to do the show then definitely I will do it.

Sumit Kaul

I am not someone who says never. But the chances of me being offered Big Boss are less and therefore I am accepting it even lesser. I think it's a very entertaining show. However, it requires a certain kind of aptitude to be able to survive in that house. I am not a very competitive person nor am I that entertaining in real life. So, it's better I stick to what I know best and that's acting.

Nikhil Nanda

Big Boss is a very negative show and being an eternally positive person, I would never fit into it well. Also, I think I make more money in my business than the budget of the show. So there is absolutely no attraction for me either way.

Shehzada Dhami

I will do Bigg Boss only for Salman Bhai. I really love him. When I started going to the gym to be physically fit, I always wanted my physique to be just like him. I look up to him. So collaborating with him in any way would be like a dream come true for me.

Aniruddh Dave

I did get an offer from Bigg Boss about four years back. But at that time, I couldn't do it because I had already signed a regional film. It's a different show. People love this reality show. It takes courage to get into a show like this. As it shows the real you on National TV. For someone like me who doesn't even like to click a picture or make a reel, it's even more challenging. But if I get a chance with a good offer, I might think of doing it.

Charrul Malik

I was offered to be part of Bigg Boss two years back but I was under contract so I wasn't able to do it. I was working with a news channel at that point in time. After that also, this year I got a call that they are pitching my name but then again I didn't get a call. Maybe there is no controversy attached to me or whatever the reason is, I don't know. Of course, if I got a chance, I would love to do Bigg Boss. You can be yourself in the show and I really want to be myself if I get the show. There is no chance of saying no to Bigg Boss.

Rohit Choudhary

Bigg Boss has started and I am a big fan of Bigg Boss but lately, it's not been fun watching the show. I enjoyed the season Siddharth Shukla was a part of after that the contestants were not up to the mark. I would not want to enter the house at the moment due to prior commitments. In the future, if they call me if I don't have commitments I would think about it. I think for shows like Bigg Boss a person cannot pretend for a long time that somewhere your true nature comes out and it's a show where if you are not active you won't be visible and eventually won't survive the show. The fame of Bigg Boss is such that you get immense fame and how to maintain it is on you. Some people find work and some with their attitude don't get the kind of work they expect. I would like to enter someday.





Mugdhha Godse

Mugdhha Veira Godse launches her saaree brand 'Saaree Mood' by Mugdhha Veira Godse...

Actress Mugdhha Godse is set to become an entrepreneur as she launches her saaree venture, 'Saaree Mood'

On the auspicious occasion of Diwali, she officially launched her saaree brand along with the website named www.saareemood.com.

At the launch, Actor Rahul Dev was present, He is her partner in this Venture!

Rahul mentioned that With their Guru Tarneiv...Ji's blessings Mugdhha has started this venture and given her heart and soul to this Brand!

Speaking about her brand Mugdhha added, **"our entire effort is devoted towards making every woman stylish confident, and complete - to make every moment look beautiful and stylish"**.

She added, **"We take great pride in our core values, which are an amalgamation of authentic traditional crafts and techniques blended with modern designs. We want to put the beautiful 'Indian Drape' on the world map"**.

At the event, Mugdhha looked gorgeous in an embellished grey Banarasi saree in shades of pink and purple. Rahul on the other hand looked elegant and dapper in a white embroidered kurta. Mugdhha then shared, "I am so grateful to have Rahul around. He has always been a strong support for me, in every capacity. Rahul has a great sense of style, and his choice of outfits is worth looking out for. We are going to do something innovative and great for the brand".

On a closing note, she added, **"Saree is one of the beautiful 9 yard, one gets to drape. We are a juxtaposition between tradition and modernity. At Saaree Mood' we celebrate the woman and Indian drape her with aplomb, style, and grace."**



TEAM WS

#shiningwomen

Suran ka Achar (Yam pickle)

Ingredients

Jimikand / suran: 1/2 kg
 Mustard oil:150 gm
 Ginger: 100 gm
 Garlic: 100 gm
 Green chilies:100 gm
 Nigella seeds: 1 tsp
 Salt: 3 tsp
 Turmeric powder :1 tsp
 Dried mango powder: 3 tsp
 Synthetic vinegar:2 tsp

Preparation

Wash n peel yam. Let the water dry.
 Coarsely/ roughly grind it or chop it. Keep in mind we need a coarse mixture no need to grind it so fine.
 Roughly chop ginger garlic n green chilies
 In a mixing bowl add yam. Ginger garlic chilies add salt. Turmeric nigella seeds .dried mango powder vinegar and oil mix well now pour this mixture into an airtight jar cover it tightly n keep it in sunlight for 4 to 5 days. U May adjust salt n spices accordingly to your taste.



SHARED BY : RAKHI LAKHAN



#shiningwomen

ADVERTISE
WITH US

दीपावली और बचपन

वही गुलाबी जाड़े की,
 खुशनुमा शुरुआत,
 तासीर वही है,
 वही है दिवाली की रात।
 ** दिनों पहले से होती थी
 तैयारी जिसकी
 साफ होती थी दहलीज
 आले जाले दराजों कि हर चिट्ठी
 अठन्नी चवन्नी जो रख कर भूल जाते थे
 उन दिनों पाकर कितना इठलाते थे
 ** उछलते कूदते घर भर में
 हुड़दंग मचाते थे
 बाबू के आने पर तुरंत
 छत पर भाग जाते थे
 ** झोले में उनके जो मनपसंद,
 चीज चीन्ह जाते थे,
 तब चुपके से अपनी सूरत,
 ऊपर ही से दिखाते थे।
 अम्मा की मनुहार से
 मान जाते थे
 कुछ चुपचाप कदमों से
 उतर के आते थे
 झोले में हाथ डाल
 मनपसंद चीज पा जाते थे
 दोस्तों को दिखाने
 सरपट दौड़ जाते थे
 ** सुबह से ही अम्मा
 "आज क्या बनाओगी"
 की रट लगाते थे
 अपनी फरमाइशों की
 लंबी कतार बताते थे
 मनपसंद पकवानों के लिए
 अम्माके आंचल से झूल जाते थे
 छोटी मोटी तैयारी फिर
 अम्मा के साथ कराते थे



- डॉ भक्ति शुक्ला



चमत्कार

रवि बदहवास सा हॉस्पिटल के ऑपरेशन थियेटर के बाहर चहलकदमी कर रहा था ऑपरेशन थियेटर की रेड लाइट उसे चिढ़ा रही थी . पिछले तीन घंटे से सोनिया ऑपरेशन थियेटर के अंदर थी ... अकेले रवि की घबराहट बढ़ती जा रही थी . कभी वह सोनिया की सलामती के लिये भगवान् से प्रार्थना करता , कभी ऑपरेशन थियेटर की लाइट की तरफ देखता तो कभी बेचैनी से अपनी घड़ी की ओर देखता . तभी उसकी नजर सामने से आती, सोनिया की मम्मी जया जी पर पड़ी . जया जी की मानसिक मजबूती उनके व्यक्तित्व से झलकती थी ... वक्त के थपेड़ों ने उन्हें हर परिस्थिति को धैर्य से संभालना सिखा दिया था . उनके स्वयं के मन के समंदर के भीतर भारी तूफान आया हुआ था , परंतु चिंता की लहरें उनके साहस के किनारों को हिला नहीं पा रही थी . रवि के फोन आने के बाद अब तक उन्होंने अपने को संभाल रखा था . वह अच्छी तरह जानती थीं कि अगर वह जरा भी बिखरीं तो सोनिया और रवि को कौन संभालेगा



उधर अब तक उसने अपने आपको जैसे तैसे सम्हाल रखा था, लेकिन जया जी पर नजर पड़ते ही उसके सब्र का बांध टूट गया और वह बिलख बिलख कर रोने लगा .

रवि बेटा, फिक्र मत करो . सब ठीक हो जायेगा ... जया जी उसको दिलासा देने लगी .. उनकी इकलौती बेटी सोनिया जीवन और मृत्यु के के मध्य झूल रही थी . रवि के घर वालों ने तो उससे उसी दिन सारे संबंध तोड़ लिये , जिस दिन उसने सोनिया का हाथ थामा था

सोनिया के एक्सीडेंट की खबर सुनते ही वह घबरा उठा था . वह सीधे सिटी हॉस्पिटल पहुंच गया था , वहां पर सोनिया की नाजुक दशा देख कर उसकी आंखें बरस पड़ी . अभी तो सोनिया उसे बाय करके अपने ऑफिस के लिये निकली थी ... उसे एमर्जेंसी में ऑपरेशन के लिये ले जाया गया था पेपर्स पर साइन करते हुए उसका हाथ कांप उठा था वह सोनिया की मां जया जी का बेसब्री से इंतजार कर रहा था ... वह फैक्ट्री के काम से कलकत्ता गई हुई थीं ... वह शहर की जानी मानी धनाढ्य महिला थीं और सोनिया उनकी इकलौती बेटी

जया जी को आता देख , वह तेजी से उनकी ओर बढ़ा और उनके कंधे पर अपना सिर रख कर काफी देर तक फूट फूट कर रोता रहा उन्होंने उसके आंसू पोछे और अपने बैग से बॉटल निकाल कर उसे दी , लो पानी पियो ...

“मॉम, प्लीज सोनिया को बचा लीजिये ..”

“सोनिया ठीक हो जायेगी , तुम फिक्र मत करो डॉक्टर क्या कह रहे हैं”

“डॉक्टर कह रहे हैं कि हम पूरी कोशिश कर रहे हैं.... आगे ऊपर वाले की मर्जी”

जया जी ये सुनते ही विचलित हो उठीं थीं और वह अपने परिचित डॉक्टर टंडन जो इसी मेडिकल कॉलेज में रीडर थे उनसे मिलने के लिये उनके केबिन की तरफ चल दीं थी ... वह अपने केबिन में कुछ छात्रों के साथ डिस्कशन कर रहे थे लेकिन जया जी का कार्ड देखते ही उन्होंने सबको विदा किया और स्वयं बाहर आ गये थे..

“अरे जया जी आप यहां कैसे ?” ...

“सोनिया का सीरियस एक्सीडेंट हुआ है , उसका ऑपरेशन चल रहा है”

“तुमने मुझे पहले क्यों नहीं बताया ...”

“मैं तो बाहर थी कोई अपरिचित यहां ले आया था ...वह एमर्जेंसी में एडमिट हुई थीफिर रवि ने पेपर्स साइन किये तो उसका ऑपरेशन शुरू हो पाया ...”

“ओ. के. मैं देखता हूँ ...”

उन्होंने बताया कि डॉ. वत्स बहुत काबिल और सीनियर सर्जन हैं वही इसका ऑपरेशन कर रहे हैं ..

“डॉट वरी जया जी सोनिया बेटी को कुछ नहीं होगा ...” कहते हुए वह अंदर चले गये और उन्हें अंदर आने से मना कर दिया था

बाहर खड़े होकर जया जी और रवि दोनों ही बेचैनी से उनके लौटने का इंतजार कर रहे थे ...

लगभग आधे घंटे के बाद वह लौट कर आये तो उनके चेहरे पर चिंता की लकीरें साफ साफ दिखाई पड़ रही थी.

जया जी साफ शब्दों में कहूँ तो “सोनिया इज क्रिटिकल 24 घंटे यदि निकाल लेती है तो फिर हम लोग उसे निश्चित रूप से बचा लेंगे ...अभी वह आई . सी. यू. में ही रहेगी ... डाक्टर उसकी मॉनिटरिंग करते रहेंगे ” “उसकी इनर ब्लीडिंग लगातार हो रही है ... , उसके ब्रेन पर गहरी चोट लगी है ... वहां ब्रेन के दाहिनी तरफ से लगातार ब्लीडिंग फव्वारे की तरह से हो रही थी सर्जरी करके रोकने की कोशिश की गई है लेकिन अभी भी हल्का रिसाव हो रहा है ... उसके कोमा में जाने का खतरा डाक्टरों की पूरी टीम को लग रहा है दवाओं का अभी भी कोई रेसपांस नहीं दिख रहा है ...”

“आप लोग बाहर बैठें, डॉक्टर पूरी कोशिश कर रहे हैं”

सोनिया के एक्सीडेंट की खबर सब तरफ फैल गई थी इसी वजह से जया जी का फोन लगातार बज रहा था उनके परिचित और रिश्तेदारों की भीड़ बाहर इकट्ठी हो गई थी ... सभी लोग एक्सीडेंट के बारे में जानना चाह रहे थे जया जी को घेर कर सब लोग सोनिया के बारे में जानकारी ले रहे थे ... वह एक कोने में थक कर बैठ गया था उनके परिचित और रिश्तेदारों की निगाह में उसके प्रति हिकारत की भावना थी क्योंकि वह साधारण परिवार से था और सोनिया रईस मां की इकलौती संतान थी ... जया जी भी उसे ज्यादा पसंद नहीं करती थीं इसी वजह से सब लोगों की धारणा थी कि उसने सोनिया के पैसे की वजह से शादी की है जब कि वह दोनों स्कूल के दिनों से ही एक दूसरे को पसंद करते थे वह तो सोनिया के लिये अपने माता पिता तक से संबंध समाप्त करने में एक क्षण के लिये भी नहीं हिचका था

इस समय उसे अपने अम्मा पापा और छोटे भाई रोहित की बहुत याद आ रही थी ...इस मुसीबत की घड़ी में वह अम्मा के कंधे पर अपना सिर रख कर जी भर कर रो लेना चाहता था . मेरी अम्मा क्या इस मुश्किल घड़ी में भी बेटे के साथ नहीं खड़ी होगी ...इस समय उसकी जीवन रेखा सोनिया अपनी एक एक सांस के लिये संघर्ष कर रही है

बेचैनी के कारण मानसिक तनाव अपने चरम पर था ... वह कभी चहल कदमी करता तो कभी किसी स्टाफ से सोनिया की हालत के बारे में जानकारी लेने की कोशिश करता

आखिर ऐसी भी क्या बात है जो तीन घंटे से ऑपरेशन चलता ही जा रहा है वह नर्वस हो रहा था

वह दूर से देख रहा थाजया जी कभी अपने फोन पर बात करतीं तो कभी किन्हीं लोगों से बात करतीं दिखाई पड़ रहीं थीं ...

तभी अकस्मात उसे अपनी आंखों पर सहसा विश्वास नहीं हो रहा था उसकी अम्मा पापा और रोहित को अपनी ओर आते देख उसकी आंखें भर आई थीं सब कुछ भूल कर वह अम्मा के गले लग गया , “लल्ला सोनिया कैसी है ?” अभी ऑपरेशन चल रहा है , वह क्रिटिकल है ... कहते हुए उसकी आवाज रूंध गई थी”

“आपको कैसे खबर मिली ? ”

“तुम्हारे दोस्त पंकज ने बताया कि सोनिया का एक्सीडेंट हुआ है ...हम लोगों का मन नहीं माना मेरी बहू हॉस्पिटल में जीवन के लिये संघर्ष कर रही है और हम सब घर में बैठे रहते तो भगवान् हमें कभी भी माफ नहीं करता”

“फिकर मत करो , भगवान् पर विश्वास रखो ... वह बिल्कुल ठीक हो जायेगी”

तभी ओ.टी. की हरी लाइट जलते ही रवि ने राहत की सांस ली थी ... तेजी से लपक कर जया जी और रिश्तेदारों की भीड़ भी उनके साथ आ गई थीं ... डॉक्टर वत्स बाहर आये ...उन्होंने बताया , “ सोनिया अभी बेहोश है , इनर ब्लीडिंग लगातार हो रही है ... पेशेंट अभी रिएक्ट नहीं कर रही है दो यूनिट ब्लड का आप लोग इंतजाम कर लें .. अभी जरूरत है ...जो देना चाहे वह सिस्टर को बता दें , ओ नेगेटिव ब्लड , ब्लड बैंक में है लेकिन ब्लड के बदले में ही मिल सकता ... पैसे से नहीं खरीदा जा सकता ...” कहते हुए वह तेजी से चले गये थे ...

जया जी के परिचित और रिश्तेदार एक दूसरे की बगलें झांकने लगे



लेकिन रवि और रोहित ने बिना एक क्षण का विलंब किये सिस्टर के पीछे चल दिये थे

जब वह दोनों ब्लड डोनेट करके आये तब तक सोनिया को उस कमरे में शिफ्ट कर दिया गया था जहां शीशे से उसे देखा जा सकता था ... सोनिया को ब्लड चढ़ रहा था , जया जी बेटी के पीले चेहरे को देख कर अपने को नहीं रोक पाई और वह फफक पड़ीं ... रोहन की माँ सुषमा जी जो आज पहली बार उनसे मिल रहीं थीं , उन्हें अपने गले से लिपटा लिया

“जया जी , मैं समझ सकती हूँ कि इस समय आप पर क्या बीत रही होगी”

उसने भी उस शीशे से अपनी सोनिया को देखा तो आंखों से बरबस आंसू बह निकले थे

निर्जीव सोनिया के मुंह पर ऑक्सीजन मास्क लगा हुआ था , ब्लड की बॉटल टंगी हुई थी और धीमी रफ्तार से ब्लड उसके शरीर में चढ़ाया जा रहा था ... डॉक्टर टंडन जाने से पहले उसका हाल देखने आये तो जो ड्यूटी में जो डॉक्टर थे उन्होंने ना का इशारा किया ... डॉ. वत्स भी राउंड पर आये , दोनों के बीच में विचार विमर्श होता रहा , लेकिन उनके चेहरे पर निराशा के भाव साफ साफ दृष्टिगत् हो रहे थे

रवि का दिल डूब रहा था ... उसके मन में नकारात्मक भावना हावी होती जा रही थी ... एक ऐसा माहौल तैयार हो गया था जैसे किसी की अंतिम यात्रा के लिये लोगों की भीड़ एकत्र हुई हो ... पूरा कॉरीडोर जया जी के परिचित और रिश्तेदारों से भरा हुआ था कोई खड़ा था तो कोई बैठा था परंतु सब लोग बातों में मशगूल थे , उनके मन में सोनिया के प्रति कोई जुड़ाव या भावना नहीं थी वह तो जया जी के सामने अपनी उपस्थिति दर्शाने के विचार से यहां आये हुए हैं .

शाम ढलते ही भीड़ छंट गई थी ... रोहित सबके लिये चाय और बिस्किट लेकर आया था ना ...ना... करते हुए सभी ने पी ली अम्मा पापा को घर भेज दिया था... रोहित जाने को तैयार नहीं हुआ , इसलिये वह रुक गया



लगभग 10 बज गये थे जया जी की बोझिल आंखों को देख उसने उन्हें आराम करने के लिये कमरे में भेज दिया था . हॉस्पिटल में सन्नाटा छा गया था ... सारे सीनियर डॉक्टर जा चुके थे ... एक कोई जूनियर डॉक्टर यश कुर्सी पर बैठा जमुहाई ले रहा था ... तभी दो सिस्टर आपस में बात करती हुई उसके पास से निकलीं थीं आज रात बेड नं. 5 का बचना मुश्किल है उसकी नब्ज डूब रही है ... और ब्लडप्रेसर भी लो होता जा रहा है

सिस्टर की आपसी बातचीत उसके कानों को पिघले शीशे सी महसूस हुई थी ... उसकी आंखों के आगे अंधेरा छा गया था , उसने देखा कि सोनिया का चेहरा काला पड़ चुका है उसने डॉक्टर यश से सोनिया की हालत के बारे में बात की तो पहले तो वह नाराज हुआ फिर उसने कहा कि यदि ब्लड की रफ्तार बढ़ा दी जाये तो शायद इस समय पेशेंट को फायदा हो सकता है नहीं तो कोलैप्स तो हो ही रही है

“डॉक्टर मेरी सोनिया को इस समय आप ही बचा सकते हो”

“ पहले मुझे डॉक्टर वत्स से बात करनी होगी , तभी मैं कुछ कर सकता हूँ ...” उसने डॉ. वत्स को फोन मिला दिया तो डॉक्टर यश ने उनसे सोनिया की हालत के बारे में विस्तार से बताया तो उन्होंने ब्लड की रफ्तार बढ़ाने के लिये उन्हें परमिशन दे दी

जब डॉक्टर यश ने ब्लड चढ़ने की रफ्तार बढ़ा दी तो वह थोड़ी देर के लिये वहीं पर बैठ गया था ... रवि निराशा के गर्त में डूबा हुआ बाहर से देख रहा था , तभी भागती हुई जया जी आई थीं ... उन्होंने कोई बुरा सपना देखा था ...



रोहन स्पष्ट रूप से देख रहा था कि लगभग रात 12 बजे मौत का पंजा धीरे धीरे अपने कदम बढ़ाता हुआ बेड नं. 3 पर लेटे हुये युवक के लेने आया ... डॉ. यश तेजी से दौड़े , सिस्टर भी भागती हुई आई ... हाथ से पंप किया ... मशीन भी लगाई.... लेकिन सब व्यर्थ रहा ... कुछ मिनटों में ही वह बेड हटा दिया गया आई. सी . यू. वार्ड के लिये यह सामान्य सी घटना थी परंतु जिसका कोई अपना प्रिय सांसों के लिये संघर्ष कर रहा हो ... उसके लिये जीवन की बहुत मुश्किल घड़ी थीमौत अपना शिकार करके जा चुकी थी

सुबह होने तक सोनिया के चेहरे का कालापन छंटने लगा था शायद दवा और ब्लड की रफ्तार ने अपना असर दिखाना शुरू कर दिया था ... रात्रि का अंधकार जाते जाते उसके जीवन के तम को तिरोहित करता गया था अगली सुबह के सूरज की रश्मियों ने उसके जीवन को आशा की किरणों से जगमगा दिया था ...

सोनिया ने आंखें खोल कर जब रोहन बोला तो वह खुशी के मारे जया जी के गले से लिपट गया था .

डॉक्टर वत्स सोनिया को देख कर बोले , “यह तो केवल ईश्वर का ही चमत्कार हो सकता है ”



पद्मा अग्रवाल





See you in the next edition